

**Wishing You a Happy,
Healthy &
Stress Free Christmas!**



- **Buy a One Hour Massage Gift Certificate**
Save \$10
- **Sombra \$10 each & Biofreeze \$12 each**
- **Scented Soy Candles**
\$12 each/2 for \$20 (all natural, clean burning)
- **Get a *free* Paraffin Hot Wax hand dip when you receive your next massage.**

Knead A Massage

Paulette Abdow, Licensed Massage Therapist
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